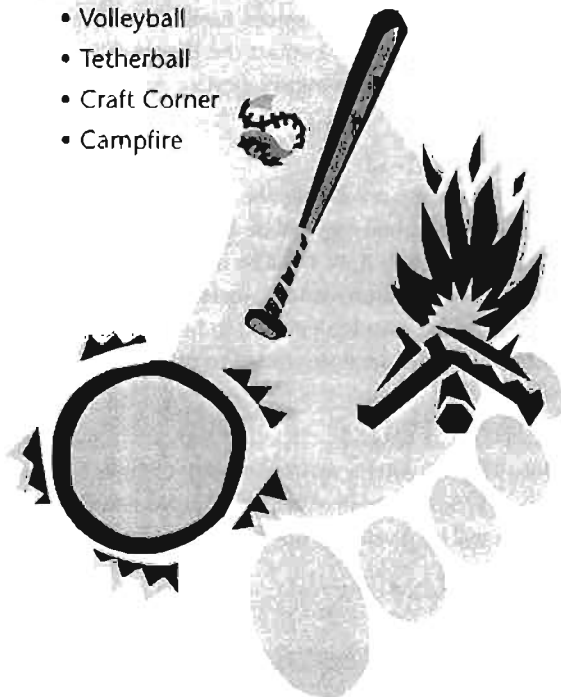


The site for CAYOCA, Twin Lakes Christian Center, offers simple beauty in a natural setting. TLCC spreads over 40 acres on the west shore of North Twin Lake, providing ample space for the following recreational activities.

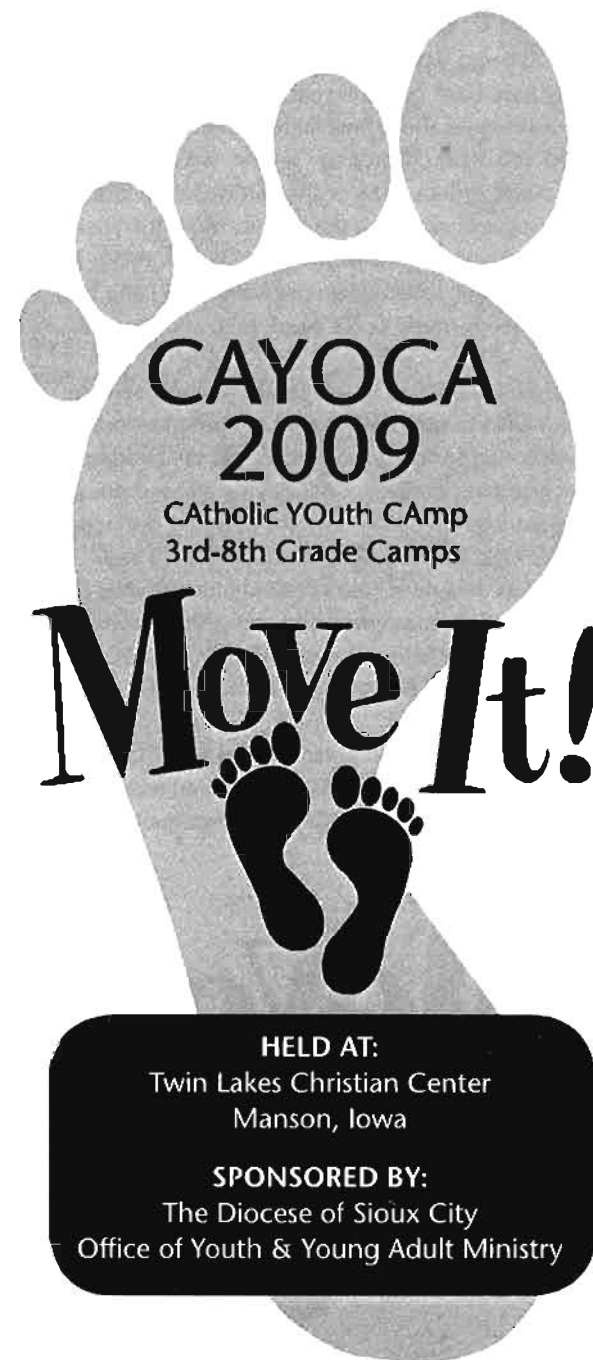
- 150' Cable Ride
- 70' Waterslide
- Wall Climbing
- Swimming
- Horseshoes
- Rowboat
- Pontoon
- Frisbee Golf
- Shuffle Board
- Football
- Volleyball
- Tetherball
- Craft Corner
- Campfire
- Mini-Golf
- Canoes
- Paddleboats
- Funyak boats
- Archery
- Ping Pong
- Softball
- Soccer
- Basketball
- Foosball



Questions? Please contact:

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Diocese of Sioux City

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HELD AT:
Twin Lakes Christian Center
Manson, Iowa

SPONSORED BY:
The Diocese of Sioux City
Office of Youth & Young Adult Ministry

“Move It”

For 23 years, young people in the Diocese of Sioux City have been gathering each summer at CAYOCA to learn more about their faith. Your child, along with 100-180 other children per session, will be guided by trained adults as he or she participates in four fun-filled days of exploring the theme “Move It!” There will be plenty of time to swim, create new things in the craft hall, splash down the waterslide, hang out with friends, study God’s Word, sing, and more.

Our staff wants you to feel confident about sending your child to camp. We design our program to be welcoming to first-time campers, yet still exciting for returning campers. CAYOCA is a place where campers can get away from the everyday distractions of life (TVs, phones, electronic games, etc.) and enjoy the beauty of God’s creation; fun activities they seldom experience elsewhere; and great fellowship with other Catholic campers their age. CAYOCA is a fun place to get serious about faith.

Twin Lakes Christian Center, with its scenic lake environment and excellent camping and recreational facilities, will make CAYOCA an unforgettable experience for your child.



You will receive power when the Holy Spirit comes upon you, and you will be my witness. Acts 1:8

CAYOCA 2009 Session Dates

Sessions being offered by grade* are:

Session 1: June 3-6 (grades 3-5)

Session 2: June 7-10 (grades 3-5)

Session 3: June 11-14 (grades 3-5)

Session 4: June 15-18 (grades 6-8)

*grade during 2008-09 School Year

Daily Schedule Summary

(individual session schedules may vary)

7:00 am	Wake Up
7:45 am	Flag Raising, Morning Prayer, Breakfast
9:10 am	Workshops
10:20 am	Cabin Time
11:30 am	Prayer, Mass Preparation or Sacrament of Reconciliation
12:30 pm	Lunch
1:30 pm	Free Time! (Recreational Activities)
4:45 pm	Mass
5:45 pm	Dinner
6:45 pm	Large Group Activities and Games
9:00 pm	Snack
9:15 pm	Campfire
10:15 pm	Nighttime Devotions
10:45 pm	Lights Out

Register Online!

Register your child for CAYOCA on-line at www.scdiocese.org. Click on “Register for CAYOCA.” Online registration will be available starting on February 20, 2009. Following registration, you will receive an email including the liability waiver form, what to bring to camp, what to expect at camp, and everything else you will need to have a great CAYOCA experience.

If you are unable to register online, paper registration forms can be downloaded from www.scdiocese.org under the “Ministries” link. You can also contact your parish office to get these forms.

Adult Volunteers Needed!

The fun and faith filled experience of your child at CAYOCA depends on the time and help of volunteers. These volunteers can fill different roles at camp: group leaders, music leaders, camp medics, or workshop presenters. All volunteers are trained the day before their camp session starts, and must be in compliance with Protecting God’s Children. If you or someone you know is interested in being a volunteer, have them register online (as an “adult”) or contact the Diocesan Youth Ministry Office for more information.

Cost

The fees for camp are as follows:
All paper registration fees will be \$220/camper. Online registrations before April 1 will be only \$199! Program assistants, adult group leaders, workshop presenters, and leader team are asked to pay \$50 to help cover their cost of camp. Parishes are encouraged to cover this expense.

Refund Policy

Before May 15: After a written request, complete refund minus a \$75.00 deposit. After May 15: No refunds. NO Refunds will be given for “no-shows.”